



SLOW BIKE RACE 2014 RULES

- 1. Riders must stay in their lane and cannot go backwards.**
- 2. Riders cannot touch the ground with their feet or anything else on their person or bicycle.**
- 3. Riders must wear helmets and ride a normal 2-wheel bicycle.**
- 4. Any rider who goes backward, rides out of the lane or touches the ground is disqualified.**
- 5. Last one across the finish line wins, and advances to the next round of heats.**
- 6. Each rider is guaranteed to race a minimum of two heats through consolation rounds. Disqualified riders will also advance to consolation rounds.**
- 7. Depending upon number of riders, second place may advance in final rounds.**
- 8. First Prize will be awarded to the Winner (last place).**
- 9. Judges' Prize will be for best costume, and Grand Prize will be awarded to the highest fundraiser.**
- 10. Have fun and thanks for supporting the Rail Trails!**